

James Dennis

Bedford Heights, Ohio 44146

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SUMMARY

Accomplished athlete and Olympic hopeful in Track and Field. To obtain a professional position with a company that strives to be the best in every aspect of its business. To work in an atmosphere where creativity and innovation is encouraged. And to be part of a team that strives to motivate, and inspire each other on the job. I'm competitive, hard working, and driven; and looking for an environment where my education, athletic, and professional career can make a difference.

- Analysis and reporting experience
- Ability to work well in production support situations.
- Successful in developing ideas and researching strategies

ATHLETIC ACCOMPLISHMENTS

USA Track & Field, Member
10-time US Nationals Track & Field qualifier - Discus Throw
3-time Olympic trials qualifier, (2000, 2004, 2008) - Discus Throw
2-time NCAA All-American, (1997, 1999) - University of Louisville
Conference USA Champion (1998) - Discus throw
4-year letterman football & track (1995-1999) - University of Louisville

WORK/PROFESSIONAL EXPERIENCE

CLEVELAND METROPOLITAN SCHOOL DISCTRICT, Cleveland, OH 2009-Present
Classroom Monitor

Observed high school and special needs students and recorded their specific behaviors in the classroom environment. Also provided assistance with handling the unique needs of each student.

- Assited in creating an effective classroom environment that is conducive to learning.
- Consulted with student's parents and school staff relative to developmental needs of students.

CNET NETWORKS, Louisville, KY 2006-2007
Records & Specs Administrator

Conducted research, and created and maintained product records and specifications for an online catalog used for reviewing and ranking electronic products.

- Performed ongoing quality assurance of sites to maintain a consistent and high-quality user experience.
- Exercised extraordinary attention to detail to ensure completeness and accuracy of product specs.

HUMANA, Louisville, KY 2002-2005
Single Point Specialist

Audited and updated physician contract information for TRICARE providers serving Humana-Military.

- Analyzed information system errors to determine origin and provided feedback and recommendations to software developers.
- Frequently used MS Access to run queries and produce weekly ad hoc reports to assist management in making decisions.

WORK/PROFESSIONAL EXPERIENCE /(continued)

UNITED PARCEL SERVICE (UPS), Louisville, KY 1999-2001

Package Handler/Team Member

Loaded and unloaded packages from and to feeders.

- Served as UPS representative during UPS Olympic Sports Legacy Program events, promoting community image and building goodwill.

COACHNG EXPERIENCE

Volunteer Assistant Coach, Track & Field – John Adams High School, Cleveland, OH, 2009-Present

Volunteer Assistant Coach, Track & Field – New Mexico State University, Las Cruces, NM, 2007-2008

Volunteer Assistant Coach, Track & Field – University of Louisville, Louisville, KY, 2003-2005

Bally Total Fitness Personal Trainer (08', 09') - Maple Heights, OH

Don-A-Matrix Personal Trainer (08') - San Diego, CA

Assistant Track & Field Coach (2002) - Louisville Male HS, Louisville, KY

Assistant Track & Field Coach (2001') - Kentucky Country Day HS, Louisville, KY

EDUCATION

Bachelor of Science in Sociology, University of Louisville, Louisville, Kentucky

PROFESSIONAL APPEARANCES

Olympic Sports Legacy program, Boston MA, June 2000

Represented United Parcel Service during a Boston Police Athletic League event to provide needed sports equipment to local childrens' charities and sports programs

COMMUNITY ACTIVITIES

South Bay Community Services, San Diego, CA, August 2008

Speaker at community program graduation for foster children and homeless youth

Olympic Training Center, San Diego, CA September 2008

Spoke to second-graders on the importance of sports and nutrition

TECHNICAL SKILLS

Previous experience: HTML prototyping, (Wire Frames, navigation, and sitemap), digital manipulation, SEO testing

Desktop Applications: Word, Excel, PowerPoint, Access, Outlook, Lotus Notes, G.I.M.P, Paint.NET, Adobe Photoshop, Illustrator, Dreamweaver, InDesign, iRise Studio, Metavance

Programming: HTML, XHTML, DHTML, XML, WAP, WML, JavaScript, CSS, AJAX, Adobe Flash